



Helpline Annual Report 2022-23

Vision:

Our vision is to create joyful, empowered and inclusive communities through sustainable development.



Mission/Goal :

Our mission is to empower vulnerable communities, more so adolescent girls and young women, ensuring their integration into society through innovative research, interventions and evidence-based practices.



Purpose : Empower, **Perform and Transform.**

Background:

Helplife is a registered public charitable trust (Reg. No.-E-2856) established in 1999 with the primary objective of uplifting the underprivileged community through meticulous research, targeted interventions, professionalism, and innovative rehabilitation programs. These programs are designed to enhance the physical and emotional well-being of individuals in various domains.

Helplife has a number of projects that support overall development of adolescent girls living with disabilities. The program aims to integrate them into society by equipping them with the skills and knowledge needed to become self-reliant professionals. It addresses the physical, mental, financial and social rehabilitation needs of these girls, who hail from impoverished backgrounds with limited access to education and financial support. By providing comprehensive medical care, nutrition, education, life skills training, vocational education, and holistic living support, the program endeavors to break the barriers that prevent differently abled girls from pursuing higher education and fulfilling careers.

Furthermore, Helplife is actively engaged in a community-based Empowerment and Livelihood program, catering to differently abled adolescents, women, and men. This program aims to foster independence and increased income for individuals from low socio-economic backgrounds.

Research has shown that there is a lack of comprehensive information and awareness about available facilities for differently abled individuals. To address this, Helplife seeks to serve as a centralized resource hub offering a wide range of information related to disability.

As part of its vision for a holistic development approach, the project aims to empower differently abled girls, raise awareness, reduce stigma and discrimination, provide support, and facilitate appropriate referrals. An important long-term goal of the project is to achieve self-sustainability through community engagement and volunteer involvement. By empowering the community to take ownership of project activities, Helplife envisions creating a sustainable model for disability empowerment. Helplife's initiatives are geared towards fostering positive outcomes and a model for disability empowerment that leads to the holistic development of differently abled individuals. We are currently testing a model Integrated comprehensive minimum package (ICMP) post covid that is transforming lives of the most vulnerable and with disabilities. Through its continued efforts and collaboration with the community, corporate, government and donors, Helplife seeks to make a lasting impact on the lives of those it serves.

Objectives :

Our core objectives are aligned to the United Nations (UN) Sustainable Development Goals : We focus on the 9 SDGs; (1,2,3,4,5,10,11,13, 17), through the 7 objectives at Helplife.

1. Systematic efforts to create awareness and reduce stigma and bias in differently-abled and at-risk communities.
2. Holistic care and support through higher education, medical care, counseling, vocational training and recreational activities.
3. A commitment towards positive sexual and reproductive health and rights.
4. New interventions and innovations to help accelerate the delivery of care programs and overall development goals.
5. A focus on community-based rehabilitation and access, ensuring equal opportunities in rural areas for livelihood.
6. A focus on nutrition (body) and nurturing a positive social outlook (mind), ensuring mindfulness and joyfulness.
7. Breaking barriers related to human rights and gender in vulnerable communities.

The key areas of the programming are Education (NurtureHelplife), Health (EquipHelplife), Livelihood (SustainHelplife), and Maternal & Child Health (CareHelplife), for the vulnerable Communities enrolled at Helplife. Our program started in the state of Maharashtra and is now moving on to the states of U.P and Bihar.

EquipHELPLIFE -

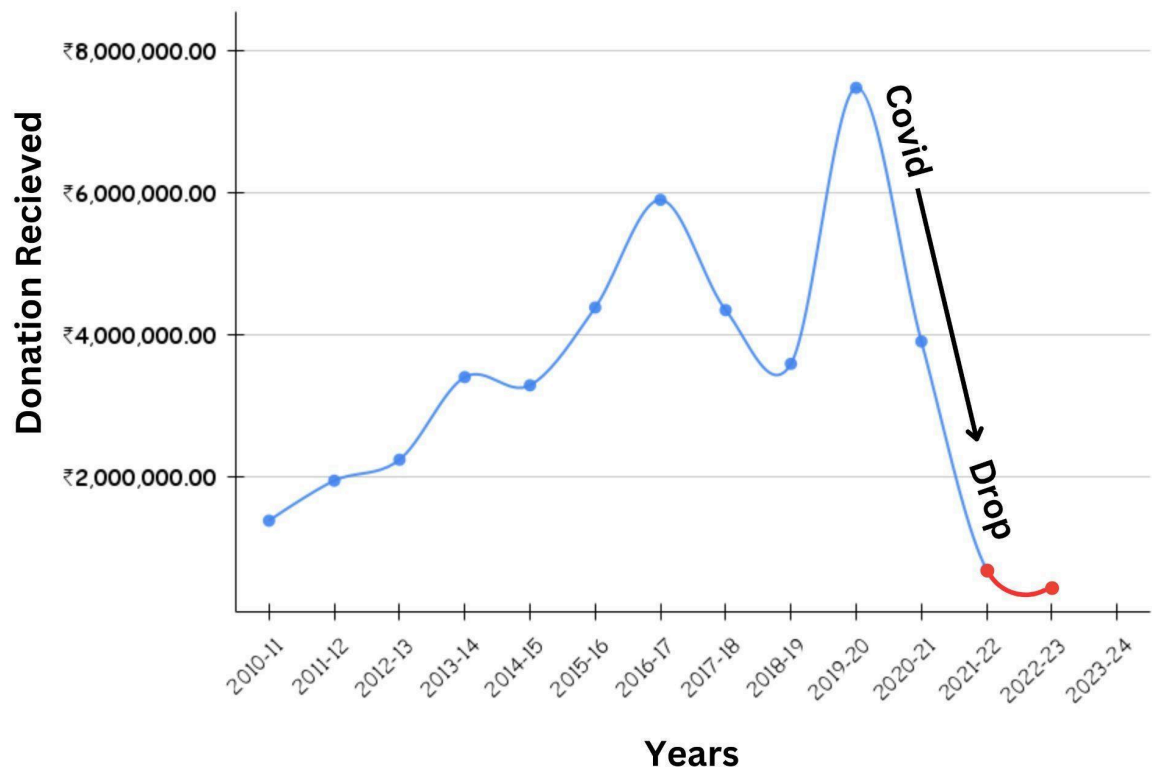
Is a need-based program that has been operating since 2006, where under the innovative model of community living 52 girls with disabilities (Polio), were supported for a period of 15 years to pursue their education, including graduation in Arts, Commerce, or Science at reputable institutes in Pune. The program also offers vocational training to empower the girls professionally and foster financial independence. Helplife sponsored all expenses during the girls' stay, including medical coverage, tuition fees, and transportation. Girls typically stay for two to five years until they can live independently. During the Covid-19 lockdown, online classes, Spoken English, meditation, and self-care sessions were conducted, benefiting even individuals with disabilities in remote villages. The girls during covid had to join their parents and pursue further studies from their villages. Helplife operations then moved to villages because most of the people living with disabilities were suffering silently in their homes during Covid; therefore EquipHelplife was redesigned to be an integrated comprehensive minimum package (ICMP) program for holistic development of the people living with

disabilities (PwDs). From 2021 July onwards we started putting a system in place that was online for providing all services remotely to the people living with disabilities more so for the girls /Women with disabilities. The year of 2022 and 2023 was completely dedicated to putting the systems in place for enrolling beneficiaries for their future action plans and sustainable livelihood. The redesigned program had a slow start, because of the after effects of Covid. The lack of mobility, funds and numerous changes in the environment had effects on the Helplife Programs.

In the financial year from April 2022 to 31st of March 2023, the enrolment of the beneficiaries took time as Helplife Volunteers surveyed and found out the most vulnerable men and women with disabilities who needed assistance of various kinds including rations for their daily meals. Secondly, we were trying to put a system in place for the follow up for the enrolled beneficiaries, including regular activities, e.g., meditation, Adult education program (English), education on setting up small businesses, training programs for the livelihood based on the skills development of the beneficiaries. The lack of funds during the year are shown in the graph below.

Figure 1

Donations recieved in last 14 years at Helplife



The new model as mentioned below was taking shape as it was in the testing/piloting phase

Fig: 2 Integrated Comprehensive minimum package (ICMP).



The Integrated comprehensive minimum package (ICMP), of people living with disabilities is an outcome of studying each and every beneficiary in great detail in respect to their mental, physical, social and financial needs.

Though the project design revolves around empowering women, the men are an integral part of the whole process. The men realize that they are in a better state than women in the whole gamut of cultural values, where men are superior even with serious disabilities but girls and women are not allowed to step out of the house for various reasons; the most important is the fear of being molested or taken advantage off their being female.

This program is innovative because it addresses all the issues that relate to disabilities of both genders. We try to keep equality and rights at the core of everything we do, as we strive to create inclusive families and communities built on **cross cutting principles of gender and human Rights**.

The ICMP takes care of individual needs, encourages individuals to chart their own course in life, reducing reliance on HelpLife funds beyond a period of two years. Our Saturday meetings and enrollment process entails the induction process of each and every beneficiary. Once enrolled beneficiaries are given a chance to grow with regular hand holding. Every beneficiary moves ahead depending on their will and overall situation around them. As this was a pilot program we were waiting to see results. Interestingly the results that came up were more than our expectations. The lives of these beneficiaries have changed for the good. The life transforming stories are the results of this program that we are now planning to scale up next year as this seems to be the sustainable model for the PwDs.

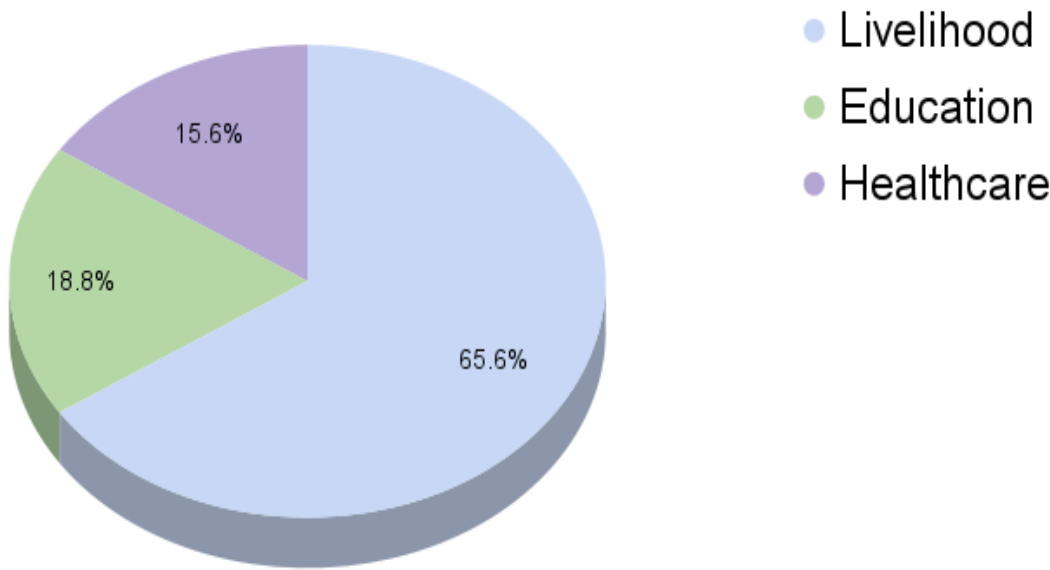
Results:

A total of 58 beneficiaries were enrolled through google form and a total of 32 beneficiaries were supported for education (**18.8%**) , medical treatment (**15.6%**) and small loans Livelihood (**65.6%**) for the small businesses in the remote villages of Maharashtra and Uttar Pradesh. The remaining 26 beneficiaries benefitted through the joining Jagran Platform that helps in healing and separate sessions of counseling and motivation were offered throughout the year and most of them with poor mental health improved towards the end of the program and were out of depression and anxiety after joining Helplife program. The results of the program were encouraging therefore, we decided to further develop tools and resources of this pilot and continued new enrollment in the following year too.

The 26 beneficiaries who benefitted to improve only on the mental health component could not be graded as we had not tracked the improvement in their mental health component before and after joining the program.

Figure - 03

Number of Beneficiaries supported by Helplife in 2022-23



1. Livelihood Support:

Helplife's livelihood support initiatives have played a pivotal role in empowering beneficiaries and enhancing their economic prospects. By providing resources such as beauty parlor equipment, computer repair services, craft products, flower shop setups, laptops, sewing machines and stitching machines. **21 Beneficiaries (11 females and 10 Males) (65.6%)**, have been equipped to improve their livelihoods and pursue economic independence.

2. Educational Support:

Beneficiaries have received comprehensive support for their educational endeavors, enabling them to acquire new skills and knowledge. Through financial assistance covering college fees, computer classes, tally courses, and general educational needs, a total of **6 Beneficiaries (3 females and 3 males) (18.8%)**, have been empowered to pursue educational opportunities and enhance their prospects for personal and professional growth.

3. Healthcare Support:

Helplife's medical support programs have significantly improved beneficiaries' access to healthcare services and contributed to better health outcomes. By providing assistance with medical bills, physiotherapy sessions, and access to medications, a total of **5 Beneficiaries (2 females and 3 males) (15.6%)**, have received vital support in addressing their healthcare needs and improving their overall well-being.

In conclusion, The **Integrated comprehensive minimum package (ICMP)** at Helplife has been instrumental in empowering beneficiaries, improving their livelihoods, and enhancing their access to essential services. Through our concerted efforts, individuals have become more economically stable, acquired valuable skills and knowledge, and received crucial support for their healthcare needs. As we continue our commitment to vulnerable community development, we remain dedicated to empowering individuals and fostering sustainable positive change.

Transformational Stories of Beneficiaries Supported by HelpLife (2022-23)

These stories reflect the transformative impact of Helplife's support on the lives of vulnerable individuals, helping them achieve independence and stability.

Asha Patre: was the first beneficiary that was identified in the crisis in 2021, she is disabled with polio and her husband was diagnosed with oral cancer. She had two children and old in-laws to support. The family from living a respectful life was pushed in poverty because of the disease in the family and with repeated lockdowns the family became jobless and was pushed into poverty. The Helplife team supported the family with rations for a period of six months, and in the meantime a training center for stitching was set up for Asha Patre as she was skilled to stitch the clothes. Now she is empowered and she is able to fight the battle of cancer, she has managed to support her family and she is out of poverty. Her livelihood is back and she is able to live a life of respect and self esteem. She is training the girls from the neighborhood and taking care of her family. She has managed to get the kutchra road of her home to a tarred road and worked with Panchayat to get this work done. This could happen only because of Helplife. Asha is now training and helping other needy girls.



She is now a champion of change.

Prerna Gaikwad: A young girl who is deaf and dumb.

Prerna's mother was worried as she was going to clients homes to practice as a beautician, as Prerna is deaf and dumb, parents were worried she was vulnerable to molestation and sexual assaults. As she is deaf and dumb, cannot defend herself as she will not be able to shout or make noise. The father of Prerna is a laborer and mother works in other homes as a cleaner and cook. Prerna was supported through Helplife with all the



equipment of the beauty parlor, now she is earning around Rs.20,000/- from the parlor and paying a rent of Rs.12000/- per month. Helplife has empowered Prerna to take care of herself and her family.

Prerna at her beauty Parlour with Helplife Volunteers

Poonam Indulkar:

Our old student who lived at Helplife for 8 years, got qualified and then got married and took care of two children and family. Now she wanted to come back to work. Helplife once again supported her, got her admission in learning Tally course for accounts and empowered her to earn a salary of Rs.10,000/- She was trained in administrative work at Helplife and then she moved to earn Rs.20,000/- in a company in the department of sales at RR Kirad Hyundai service center.



Santosh Shendge: Was educated in computers and was very keen in working for other people with disabilities. He registered a NGO, through some agent and got some loan money from his friends. Later he realized that the NGOs cannot be run without experience or understanding well. He was bullied by his friends as he could not return their funds that he took as loan for the NGO. Santosh was further supported through Helplife to regain his lost confidence and credibility amongst the friends. He is now working with Helplife for the last 2 years and earning money to take care of his other sick members of the family. Santosh is glad that Helplife saved him from making a mess of his life by setting up an organization that he could have never been able to run. Now he's focused on supporting other members of the family, as one brother has

epileptic fits and is on drugs, father is old and another brother is disabled and his wife with kidney stones. The family comes from a backward class and has been poor for many years.

Bhagyashree:

Bhagyashree is with mental disability, she is a victim of domestic violence through her own father. She is looking for a shelter home, but we have not been able to find one for her. We are supporting her financially so that she can buy her own medicines. She joined wellness and yoga class at Helplife and improved a lot in her focus. Started remaining calm. She is paid 2500/- for her medicines and other expenses.



Suresh patil: was selected as the coordinator for Helplife in 2021, he was provided computer training and he was only sixth standard pass. He fell from the tree and became spinal cord injured. He is a dynamic character who wants to rear goats and also roam around in the field.

He worked for Helplife for two years and then he could not work in the leadership role as he could not keep the transparency in spending funds and accountability to the higher authorities, therefore he had to leave in February 2023 after an annual workshop where his assessment proved that he could not be kept on the post of coordinator. He was provided with a computer and supported with medical treatment when he suffered knee injuries and treatment support was provided by the Helplife. In addition he was supported to expand his small business.



Vijay Patil- was a highly accomplished farmer with a number of awards at state and national level. The motorcycle accident changed his life, he lost four years getting different treatments and lost Rs. 12 lakhs in the treatment of his spine, which did not cure and remained paralyzed. This affected family life and children's education. Helplife supported the children's education of Vijay Patil and now he is empowered once again to take charge of his life, he is once again working on his **Saksham project** in his own land of two acres. Vijay patil was in depression when he joined Helplife and it took him 2 years to get back to normal life, he went through the process of empowering, performing and transforming as any other beneficiary at Helplife. Currently, Vijay Patil is the State coordinator for Maharashtra, based in Patan Satara.



Ms. Supriya (Vijay Patil's Daughter)

Feedback: "After completing my BCA, I took admission for MCA through EWS at Yashoda Technical College, Satara. However, I couldn't afford the admission fee as my father had an accident and was bedridden. Dr. Neelam Bhardwaj paid my admission fee of Rs. 40,000/-, enabling me to continue my studies. Today, I am in my second year, all thanks to HelpLife. Without their support, I would have had to abandon my education. I am deeply grateful to HelpLife and Dr. Neelam Bhardwaj."

Priti Babanrao Shewale

Feedback: "I was working as a nurse and after leaving the job, I was unsure about my future. In 2022, HelpLife provided me with a laptop. I started doing online work like Aadhar card, PAN card data entry, and learning new skills through YouTube. I also engaged in networking.. HelpLife offers opportunities for disabled individuals to work from home, which is incredible. Dr. Neelam Bhardwaj helps disabled individuals become self-sufficient. I am very thankful to her for helping me."

Jalinder Sawant: Jalandhar Sawant is a lawyer, who is paralysed from T-10 onwards and is a wheelchair bound person.

Support: Empowered Helplife supported Jalinder to get out of his depression and resume his practice of law once again as he did before his illness. Helplife provided a customized computer table and reopened his practice after a period of 5 years through Helplife's support.

Current Status: Practicing law, and appointed honorary advisor for the Rights of the People with Disabilities at Helplife. He is constantly guiding our people with disabilities and is a great addition to the Helplife family.

Rajshree Hemant Patil

Feedback: "In 2023, I received a pico fall sewing machine through HelpLife, solving my livelihood problem. I started making blouses, frocks, etc., for the ladies in my area. This work helped cover my monthly expenses. My family has four members, and HelpLife gave me the opportunity to work from home. My financial situation was not sufficient to buy a sewing machine, but madam provided it, allowing me to become self-reliant. I am thankful to HelpLife and Neelam madam."



Supriya Yadav

Feedback: "I am disabled, and Helplife gave me the opportunity to serve others with disabilities. Under the guidance of Neelam madam, I was awarded Rs. 50,000/- (Suman Magotra award), for my excellent work. I was planning to start my own business with this money. Currently, I am doing online work and Gram Panchayat work. I was looking for a location and materials for my business. Dr. Neelam Bhardwaj taught me a lot and helped me find various ways to become self-sufficient. I am very thankful to HelpLife and Dr. Neelam Bhardwaj for their support."

Rahul Singh

Achievement: Passed 3-year Diploma in Electrical Engineering in May 2024

Support: Helplife paid his 2nd-year fees

Current Status: Preparing for a Government job.

Young motivational speaker- Swati Kate:



Swati is a case of a mis- managed tuberculosis as suffered abdominal tuberculosis, with mass in the uterus that cannot be operated on. She has spinal cord tuberculosis too, and suffers from bladder incontinence etc. Helplife supported her in diagnosing her disease and arriving at conclusions on what can be done for her to keep her in the best possible health. She is now treated for the disease and was provided with a laptop for her social media and simple story wiring to pass her time. She has not been able to be gainfully employed because of her disability and more so incontinence of urinary bladder.

Conclusion: The ICMP (Integrated comprehensive minimum services) program at Helplife showed great results in the last one year of time. Therefore, it was decided that the tools and resources will be continued to develop while the program is in the pilot phase. The more detailed process of monitoring and evaluation will be followed in the report of 2023-2024.

Annual workshop:

The second annual workshop Innovating minds was held at Shirdi, from 3rd of March to 6th of March 2023.

Workshop at Shirdi:

Under the guidance of Dr. Neelam Bhardwaj, the workshop was organized, the preparation time for this workshop was two months. s We were able to organize a workshop in Shirdi at Pune no accommodation was available due to a big conference on diabetes. On March 3rd, all participants arrived at different times of the day at Sai Palace Shirdi. Afternoon the participants could visit the Sai Baba Temple shire and they were happy to visit the place as they found it very peaceful. Mrs. Sunita and her brother Milind Kote, were instrumental in getting things moving in Shirdi.

On 4th of March the workshop started with the review of the last year. Dr. Bhardwaj mentioned that in the first workshop we had focused on empowerment of the participants, and in the second workshop we are now moving ahead on building a sustainable model of business for the PWDs.

This workshop is about inclusive development of PWDs and the other vulnerable communities. Helplife is focusing on mainstreaming disability. The small businesses with the loans from the government or the CSR are available for the use of people living in poverty or the disease or disability.

The workshop was also available to the participants who could not join us physically, the online sessions were available for all the three days of the workshop.

The key highlights of the program were that the program was completely handled by the Helplife Volunteers. Supriya and Vijay Patil did a grat job. It was run professionally and it was their first experience to have a platform where they felt empowered to speak their hearts. Helplife is a unique platform that gives voice to the most vulnerable. On the following days the proposal writing was taught to the participants and how NGOs work and also cannot fund programs without support of the donors. We all need to work together to make this happen. Group work and the presentations of the proposal by the volunteers was the key activity at this workshop.. The feedback was great and it was a great learning for all the participants as they were experiencing this exercise of proposal development for the first time. Next day was the day in the core business development strategies with Sameer Ghosh, who facilitated the session for the whole day. His presence has been very rewarding and he has been supporting Helplife for the last 15 years. The last day award ceremony was held.

Award Ceremony:

In Shirdi, an award ceremony was held to honor outstanding performers throughout the year. In line with Dr. Neelam Bhardwaj's vision, participants who excelled received a cash prize of Rs. 5,000 and a certificate of appreciation for their various contributions at Helplife..



The nine volunteers were presented with awards in different categories, the details of the awards are as follows:

1. Vijay Patil- **Change maker award for raising awareness** : Green Hero Award for plantation of the trees, every year, being on the wheelchair don't stop him from living his passion. He remains a committed farmer.
 2. Suresh Patil- **Leadership award** was given for running the show at Helplife, learning computer skills while being illiterate.
 3. Ashabai Arun Patare- **Best Performer in Adversity** award was given to Asha for keeping her dignity and respect even when she had to go through the most difficult time of her life (cancer treatment of her husband), when both are with locomotor disability, and two children to take care of.
 4. Jalandhar Sawant - **Star Performer Award**, his guidance at Helplife has supported many beneficiaries to get justice on the issues related to Rights of the People with disabilities.
 5. Meena Sawant - **Selfless service award** was given for supporting her husband with a smile on her face.
 6. Lalita Shirole- a gardener by profession provided full support for organizing this workshop at Shirdi by driving one vehicle to Shirdi with workshop material.
 7. Poonam Indalkar- **Best entrepreneur award Women's wing**, was given to the Poonam for her very innovative way for working the women from poor communities teaching them how to make small businesses through making candles, and other festive selling decorative pieces. She is also an old Helplife student.
 8. Swati Kate- **Young motivational speaker**- empowered by Helplife to live a life with dignity.
 9. Mukta Sharma: was awarded recognition for being a fighter, she broke out of domestic violence and brought her two children and set up her own business with the help of Helplife and now living an independent life.
- Lastly Supriya Yadav, was awarded the Suman Magotra award of Rs. 50,000/- for her excellence performance throughout the year.





Other Important initiatives:

A) **Google Ad Grant:** We applied for the prestigious Google Ad Grant, a program specifically designed to empower non-profit organisations in amplifying their causes and missions to a global audience. This grant is a significant opportunity for us to increase our reach and impact by leveraging the power of online advertising through Google's platform.

The application process for the Google Ad Grant involved a meticulous series of steps, including the completion of multiple forms, the submission of required documentation, and the articulation of detailed use cases illustrating how we intend to utilize the grant to further our organizational goals.

Upon successful application, we were thrilled to be named recipients of the grant, entitling us to \$10,000 in monthly advertising credits. This generous funding allows us to deploy targeted advertising campaigns on the Google.com search engine, ensuring that our message reaches individuals worldwide passionate about supporting charitable causes.

Additionally, as part of the grant package, Google provides us with @helplifeglobal email accounts and free storage for all members of our organisation, further enhancing our operational capabilities and facilitating seamless communication and collaboration.

Since being awarded the grant in December 2022, we have wasted no time in putting it to good use. Through strategic advertising campaigns, we have effectively targeted individuals interested in donating to NGOs, utilising keywords such as "Donate" and "Donation for NGO" to maximise our impact.

Furthermore, the grant has enabled us to establish and strengthen our IT infrastructure, laying the foundation for a unified and centralised system that is managed and administered by a single dedicated administrator. This centralised approach has not only enhanced our organisational efficiency but has also streamlined our operations, allowing us to focus more effectively on our core mission of making a positive difference in the world

B) Payment Gateway Integration: At Helplife, we have undergone a transformative journey in modernising our donation collection processes. Previously reliant on traditional methods such as net banking, cash, and other conventional avenues, we recognised the pressing need for digitisation to propel our operations into the digital age.

This year marked a pivotal moment as we embraced technological advancements, integrating Instamojo and Razorpay payment gateways into our donation collection framework. This transition was not without its challenges but represented a significant leap forward in our efforts to streamline and enhance the donation experience for our supporters.

Our journey began with the meticulous process of applying for a permit with Instamojo. This involved navigating through intricate forms, compiling requisite documentation, and engaging in extensive communication with Instamojo representatives. After persevering through multiple rounds of review and feedback, we were elated to receive approval, paving the way for seamless integration with our website.

With the implementation of Instamojo and later Razorpay, we revolutionized the donation process for our supporters. A simple click on the "Donate Now" button on our website redirects users to the payment gateway, where they can conveniently make contributions using various payment methods, including UPI, debit cards, credit cards, and more. This streamlined, two-step process ensures swift and hassle-free transactions, significantly enhancing the donor experience.

Our decision to transition to Razorpay was driven by a commitment to providing an even more efficient and user-friendly payment experience. With its faster checkout process, superior customer support, and lower commission rates, Razorpay emerged as the ideal partner to further optimize our donation collection efforts.

In parallel, we proactively extended our FCRA (Foreign Contribution Regulation Act) approval for the next five years, solidifying our commitment to compliance and transparency. Looking ahead, we have initiated discussions with Razorpay to enable international payments, a testament to our ongoing efforts to expand our reach and impact on a global scale.

Through these strategic initiatives, we remain steadfast in empowering individuals worldwide to support charitable causes effortlessly. By embracing innovation and leveraging cutting-edge technologies, we are confident in our ability to make a meaningful difference in the lives of those in need, locally and globally.

CareHELPLIFE –

This program promotes safe motherhood by creating awareness before pregnancy. It emphasizes love, care, and compassion during pregnancy and prepares adolescent girls for relationships, marriage, and motherhood. The program addresses reproductive health and menstrual hygiene and offers counseling and medical support through connections with gynecologists and obstetricians. It also helps girls with

disabilities prepare for marriage and cope with related challenges. The current program is merged with the ICMP program where maternal and reproductive health of girls and women with disabilities is being addressed in a holistic manner.

SustainHELPLIFE -

The Empowerment and Livelihood program at Helplife is a gender-inclusive initiative that aims to provide financial independence and dignity to differently-abled community members. So far, over 150 individuals have benefited from microfinance initiatives, helping them set up businesses like sewing machines, digital printing machines, and grocery shops. After piloting for five years, the program is being evaluated for scale-up, and is now merged with the new ICMP program with a holistic development approach.

NutureHELPLIFE -

Educating children from extremely poor backgrounds, the underprivileged, orphans, single parent child, widowed mother or HIV positive parents. Educational support to over 80 underprivileged children has been provided till date. Through this program, students are supported for primary through to their higher education. The support depends upon the school/college fees. The program includes assistance for school education, getting admission in Junior college, Graduation, Post-graduation, preparation for competitive examinations such as MPSC/UPSC.

Monitoring and evaluation of programs at Helplife:

All programs are monitored at Helplife and there is inbuilt operational research in all programs at Helplife. The beneficiaries enrolled at Helplife become volunteers after a period of time and they are taught how to monitor all the activities that are conducted through various programs at Helplife. We have created a great team that has taken responsibility of monitoring and evaluation of the various components of the programs e.g., Assessment of the beneficiaries, Monitoring of the utilization of the equipment provided through Helplife, tracking use of funds provided through small loans/ micro financing, making sure that the funds provided through various donors are spent for the activities they are allocated for, making sure transparency and accountability remains the top priority with in Helplife through intense monitoring of each and every volunteer working with in the Helplife operating system.

- ☐ A number of skills developments take place at Helplife;
Communication skills, Social skills, respecting each other's culture,
- ☐ Becoming Responsible citizen,

- ☐ Wellness & Meditation
- ☐ Adult education:
- ☐ Classes on spoken English continued throughout the year, but the results were not as encouraging as expected, therefore we had to stop teaching English and started teaching computers in Hindi and Marathi.

Health related activities:

Helpline plays a crucial role in rehabilitating physically handicapped youth from economically disadvantaged backgrounds. They provide regular health check-ups to detect and prevent illnesses early on. Nutrition and medical treatments, including iron supplements and deworming, are also part of their care. Besides physical health, emotional support and career counseling are prioritized, given the emotional baggage they carry. The need for the counseling services to help them cope with negative emotions, leading to a sense of relief and enlightenment after interacting with the social worker or the counselor is part of the daily activities.

Counseling and healing through various approaches:

Counseling and guidance is an ongoing process. The beneficiaries are encouraged to come forward with their problems to the group of volunteers and the coordinators. The online sessions are organized by the coordinators and counseling sessions are continued unless the results are evident.

GCPIT (Global Council for the promotion of International Trade): Award for

Helplife: Helplife for the first time was appreciated by the business community and recognised for its impact on the poorest of the poor. GCPIT supports Helplife with free space for holding its webinars etc and provides provision to interact with the business community.



After Covid-19 :

After the pandemic things changed for helplife as it did for everyone else. Now, we operate under the following redefined programs/initiatives :

Jagran HELPLIFE platform :

The Jagran is a platform for creating awareness amongst the people with disabilities at national and international level. This dynamic platform is created for the Helplife Alumni for interacting with each other after leaving Helplife and also building relationships outside helplife with people with all kinds of disabilities. The platform is a fertile ground for nurturing the new ideas that are brought in by the students themselves. Every year there is an alumni meet where the theme is chosen by the students themselves.

Jagran platform is fully run by the youth and the Helplife beneficiaries. The Jagran platform gives chances to beneficiaries to narrate their story every week and find solutions to their problem with respect to financial sustainability, micro-financing, mentorship programs and to know more about health insurance, including discussion around the government schemes that young people with

disabilities are not aware of.” The platform also serves to heal, motivate the beneficiaries at all times and is an open forum to express their views.

ICMP Pilot:

This pilot program beneficiaries are given a chance to grow with regular hand holding. Every beneficiary moves ahead depending on their will and overall situation around them. As this was a pilot program we were waiting to see results. Interestingly the results that came up were more than our expectations. The lives of these beneficiaries have changed for the good. The life transforming stories are the results of this program that we are now planning to scale up next year as this seems to be the sustainable model for the PwD.

This report concludes with the understanding that the post covid pilot at Helplife is developing very well. The ICMP (the integrated comprehensive minimum package) of services for the vulnerable communities of rural India has a number of transformational stories to tell. Although the process has been very slow because it is a volunteer driven program, it gives great insights on how the human mind works, and reacts to its physical needs depending on its social environment, the mental make-up and the level of understanding of their financial needs.

Annexure- 01

Table-1

S. no.	Name	Support provided	Category
1	Prerana Gaikwad	Beauty parlor Equipment	Livelihood
2	Adesh lala bandal	Beauty parlor Equipment	Livelihood
3	Bhavan Sing	computer classes	Livelihood
4	Rahul Singh	College Fees	Education
5	Vijay Patil's Daughter	College Fees	Education
6	Poonam sandip indalkar	Computer Class and Tally course	Education
7	Santosh Shendage	Computer Repair teaching computers	Livelihood
8	Bhagya shree Gandhi	Craft product and financial support	Livelihood
9	Deepak kumawat	Education fee and / Tally course	Education
10	Ramesh Rajendra Deshmukh	Flower and Naryal shop (small loan)	Livelihood
11	Rupesh deshmukh	flowers shop materials	Livelihood
12	Suresh patil	medical bills, small business set and a computer	Healthcare
13	Virendra kumar Panjab	Laptop	Livelihood
14	Ranjit Singh	Laptop	Livelihood
15	Priti Shewale	Laptop	Livelihood
16	Ramswaroop kumawat	Painting at helplife	Livelihood
17	Shubham Gaikwad	Physiotherapy	Healthcare
18	supriya yadav	Physiotherapy	Healthcare
19	Navanath Barbinde	S.Y Pharmacy	Healthcare

20	Anita satish kale	School fees of the children	Education
21	Nikita Adagle	sewing Machine	Livelihood
22	asha Patare	stitching Center	Livelihood
23	Kiran Shendre	stitching Machine	Livelihood
24	Sayali Nidre	stitching Machine	Livelihood
25	Rajashri Patil	stitching Machine	Livelihood
26	Sunita khadshinge	stitching Machine	Livelihood
27	Deepak	Tally course	Education
28	Sushila devi	Livelihood	Livelihood
29	Jalinder Namdev sawant	Livelihood	Livelihood
30	Gurpreet Kaur	Counseling and mental health support	Healthcare
31	Rajeshshri Hemlata patil	adise on her land grabing and wayforward to peaceful living	Livelihood
32	Sayali Nidre	Support in organizing her business and supply chain	Livelihood
33	Praveen Matene	Mental health support and gave him the voice and the platform	Mental health improvement at Helplife
34	Janki Mokashi	Confidence building and the offering of the wheel chair, advocacy for sports	Support for mental health
35	Priti Shivale	Severe arthritis Laptop donated for training	Health and livelihood
36	Bhrampal	Shop for kirrana small loan	Paper verification could not be completed

37	Manoj sharma UP	Vegetable sellar	could not decide on change of the business
38	Manoj singhore	Mental health improvement and out of depression now	Health
39	Mahesh prawar thane	Incomplete [paers	livelihood not completed
40	Mithu Prasad Bihar	loan application	not approved
41	Mukta sharma	house rent and company registration	Livelihood
42	Mrinal adav	Demand of vehicle	could not be procured as lack of funds
43	Ranjeet sign patiala	Comuter liteeracy	Education and health
44	Ravindra shinde from Maharashtra	Loan demand of 1,50700	could not be approved
45	Raja Ram Sapkal from Satara	loan 95,000	loan not approved
46	Rajindra pawar Nasik	loan no amount mentioned	no clarity in ask
47	Ram Das Kamdi	laptop Computer and training including health support	Education
48	Rawsheb Mane	loan demand of 2 lakh 50,000	not approved

49	Lalit Kumar Haryana	Asking for the CSC centre	not approved because of the lack of funds
50	Vinayak Nimje from Nagpur	Tea stall for 50,000/-	not approved
51	Vinod Kumar from Hanuman Gadhi	application not complete	-
52	Vaishali Randive Pune	support for 2 lakhs	not approved
53	Sagir Uddin New Delhi	start up cost 2,90,000	not approved for the lack of funds
54	Surendra Sarkote	not clear ask	-
55	swati Kate	Medical treatment in govt. hospital latur , Mental health counseling	Health
56	Mukhtar Ramdul	60,000/-	construction not approved
57	Reena shinde	50,000/- amount ask	not approved
58	Mahesh Devalatkar	1,84,000/-	not approved
59	Vijay mahadev Patil	26,000/- computer Desktop	Education

